

New Horizons Activity Calendar

JANUARY 2025

District of Kenora New Horizons Seniors Centre – 18 Mike Richards Way
 Phone 468-5947/468-8221
 Keewatin Centre Phone 547-3902
 WEBSITE: <http://www.kenoraseniors.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 HAPPY★NEW★YEAR	2 BID Euchre Lounge 1:30	3 Cardio Drumming Kenora MP Room 10-11 Stitch'n'Time Rotary Room 11:30-3:30 p.m. Billiards (pool) Lounge 1 p.m. QA5 MP ROOM 1-4 p.m. Water Fit 2:45-3:30 p.m.	4 Projects Half Done in the Lounge
5	6 Fun'n'Fit R. Rm 10:15 11:15 Home Free Stitchers- MP Room 10 a.m.- 4 p.m. Lunch 11:45 - 1 p.m. Crib Kee. Park PI 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Bridge Lounge 1 - 4 p.m.	7 Keewatin Yoga - St.Andrew's Church 9:30-10:30 Walking Group 11:30 a.m. Quilters Rotary Room 11:30 - 3:30 p.m. Euchre Lounge 1:30 p.m.	8 Chair Yoga Kenora R. Room 9:30 - 10:30 Mahjoong-Lounge 10-12 noon Bridge Lounge 12 noon Floor Curling R Room 1:15-3	9 Fun'n' Fit-R Rm 10:15-11:15 Lunch 11:45 - 12 noon Around the Block Quilters MP Room 12 - 4 Bridge St Andrews 1:30 p.m. Mahjoong St.Andrews 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	10 Cardio Drumming Kenora MP Room 10 - 11 Bell Ringers R Rm 10 - 11:15 Stitch'n'Time RR 11:30-3:30 Crib Lounge 1 - 3 p.m. Billiards (pool) Lounge 1 p.m. QA5 MP Room 1 -4 p.m. Water Fit 2:45-3:30 p.m.	11
12	13 Bell Ringers Lounge 10 - 11:15 Fun'n'Fit R. Rm 10:15 11:15 Home Free Stitchers Rotary Room CANCELLED Lunch 11:45 - 1 p.m. Crib Kee. Park PI 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Bridge Lounge 1 - 4 p.m. Floor Curling R.R. 6:30-8:00	14 Keewatin Yoga - St.Andrew's Church 9:30-10:30 Walking Group 11:30 a.m. Quilters Rotary Room 11:30 - 3:30 p.m. Keewatin Sillver Threads St.Andrews 11:30-3:30 p.m. Euchre Lounge 1:30 p.m	15 Chair Yoga Kenora R. Room 9:30 - 10:30 Keewatin Lunch St. Andrew's 12 - 2 Bridge Lounge 12 noon Floor Curling Rotary Room 1:15-3	16 Fun'n' Fit-R Rm 10:15- 11:15 Lunch 11:45 - 12 noon Around the Block Quilters MP Room 12 - 4 Bridge KeeSt Andrews 1:30 Mahjoong St Andrews 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	17 Cardio Drumming Kenora MP Room 10-11 Bell Ringers R Rm 10 - 11:15 Stitch'n'Time Rotary Room 11:30-3:30 p.m. Billiards (pool) Lounge 1 p.m. Crib Lounge 1 - 3 p.m. QA5 MP ROOM 1-4 p.m. Water Fit 2:45-3:30 p.m.	18
19	20 Bell Ringers Lounge 10 - 11:15 Fun'n'Fit R. Rm 10:15 11:15 Home Free Stitchers MP Room 10 a.m. -4 p.m. Lunch 11:45 - 1 p.m. Crib Kee. Park PI 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Bridge Lounge 1 - 4 p.m. Floor Curling R.R. 6:30-8:00	21 Keewatin Yoga - St.Andrew's Church 9:30-10:30 Walking Group 11:30 a.m. Quilters Rotary Room 11:30 - 3:30 p.m. Keewatin Silver Threads St.Andrews 11:30-3:30 p.m. Euchre Lounge 1:30 p.	22 Chair Yoga Kenora R. Room CANCELLED Keewatin Lunch St. Andrew's 12 - 2 Bridge Lounge 12 noon Floor Curling Rotary Room CANCELLED	23 Fun'n' Fit- CANCELLED Lunch 11:45 - 12 noon Around the Block Quilters LOUNGE 11:15 Bridge KeeSt Andrews 1:30 Mahjoong St Andrews 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	24 Cardio Drumming Kenora MP Room 10-11 Bell Ringers LOUNGE 10-11:15 Stitch'n'Time LOUNGE 11:30-3:30 p.m. Billiards (pool) Lounge 1 p.m. Crib Lounge 1 - 3 p.m. QA5 MP ROOM 1-4 p.m. Water Fit 2:45-3:30 p.m.	25
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**HAPPY BIRTHDAY TO THE FOLLOWING
WHO HAVE A BIRTHDAY IN JANUARY**

Kerry Anderson	Tammy Bennett
Tom Bennett	Val Brown
Brenda Burch	Jan Coats
Al Conlon	Alicia Filips
Trudy Foy	Ron Galbraith
Sheila George	Irene Kember
Shelly King	Karl Korella
Gail Limerick	Ollie Lukianchuk
Judy MacFarlane	Karin Marchant
Bill Norlen	David Paton
Bill Perchuk	Gwen Ruby
Shirley Rumpel	Sharon Scribilo
Anne Shankowsky	Larry Switzer
Wendy Thompson	Betty Wickman
Anna Zurkan	

Please remember to advise me (Diana) if your name does not appear on the birthday list (and you want it to)

We are very sorry to learn

that our friend



Ruth Anderson

passed away on

November 23rd 2024.

Ruth was a long-time member of New Horizons – enjoyed playing Bridge and was a faithful member of the ladies

“Coffee Group”

The girls commented when Ruth came into the lounge and saw her coffee group gathered around the table .. the smile on

her face would light up the room.

Ruth continued her weekly visits to New Horizons until her health did not permit.

Never to be forgotten.

We are very sorry to learn that our friend



Doreen Toth
passed away on
December 20th 2024.

Beautiful inside and

out – Doreen loved going on our bus trips and attending our weekly lunches. She shone brightly wherever she went.

May you rest in peace dear lady.

E-MAIL ADDRESS for E-Transfer
newhorSC55@gmail.com

**KEEWATIN LUNCH MENU FOR
JANUARY 2025**

January 15 – Shepherds Pie, salad and dessert

January 22 – Meatballs and gravy, potatoes, veggies and dessert

January 29 – Hamburgers, potato chips and dessert

**KENORA LUNCH MENU FOR
JANUARY 2025**

January 6 – Chicken Rice Soup and sandwich and dessert

January 9 – Hamburger Pattie, mushroom sauce on pasta – with veggies and dessert

January 13 – Quiche and salad and dessert

January 16 – Sausage soup, grilled cheese sandwich and dessert

January 20 – Stuffed Meatloaf, mashed potatoes and dessert

January 23 – Chicken Parmesan with pasta and dessert

January 27 – Egg Salad and soup and dessert

January 30 – Pizza, Caesar salad and dessert

Chair Yoga and Floor Curling is cancelled on the 22nd

Fun and Fitness is cancelled on the 23rd

Stitch in Time will be in the Lounge on the 24th

Bell Ringers will be in the Lounge on the 24th

Home Free Stitchers are cancelled on the 13th

Isn't it nice to think that tomorrow is a new day with no mistakes in it yet.

..... Lucy Maude Montgomery



**Wishing everyone a
HAPPY NEW YEAR**