


• **New Horizons Activity
Calendar APRIL 2025**

District of Kenora New Horizons Seniors Centre – 18 Mike Richards Way
 Phone 468-5947/468-8221
 Keewatin Centre Phone 547-3902
 WEBSITE: <http://www.kenoraseniors.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Keewatin Yoga - St.Andrew's Church 9:30-10:30 Walking Group 11:00 a.m. Quilters Rotary Rm 11:30-3:30 Keewatin Silver Threads -St. Andrews 11:30 – 3:30 Euchre Lounge 1:30 p.m	2 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 10-12 Keewatin Lunch St. Andrews 12 - 2 Floor Curling R Room 1:10-3 p.m. NH Meeting MP Rm 1:30 p.m.	3 Bell Ringers Lounge 10 a.m. Ladies Coffee Grp Lounge 10 Fun'n' Fit-R Rm 10:15-11:15 Around the Block Quilters CANCELLED Lunch 11:45 – 1 p.m. Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	4 Cardio Drumming CANCELLED Bell Ringers MOVED TO LOUNGE Stitch'n'Time LOUNGE 11:30-3:30 Crib Lounge 1 – 3 p.m. Billiards (pool) Lounge 1 p.m QA5 CANCELLED Water Fit 2:45-3:30 p.m	5 Projects Half Done In the Lounge
6	7 Fun'n'Fit CANCELLED Home Free Stitchers- MP Room 10 a.m.– 4 p.m. Learn to Sew 10-1:30 p.m. Lunch & Learn 11:45–1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Floor Curling R.R. 6:30– 8:00	8 Keewatin Yoga - St.Andrew's Church 9:30-10:30 Walking Group 11:00 a.m. Quilters Rotary Rm 11:30-3:30 Keewatin Silver Threads -St. Andrews 11:30 – 3:30 Euchre Lounge 1:30 p.m.	9 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 10-12 IPad Coffee Grp Lounge 10 Keewatin Lunch St. Andrews 12 - 2 Floor Curling R Room 1:10-3 p.m.	10 Bell Ringers Lounge 10 a.m. Ladies Coffee Grp Lounge 10 Fun'n' Fit-R Rm 10:15-11:15 Lunch 11:45 – 12 noon Around the Block Quilters – 10-4/ Learn to Sew 10-1:30 MP Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	11 Cardio Drumming Rotary Rm 10-11 Bell Ringers MP Rm 10–11:15 Stitch'n'Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. Billiards (pool) Lounge 1 p.m. QA5 - MP Rm 1 – 4 p.m. Water Fit 2:45-3:30 p.m.	12
13	14 Fun'n'Fit R. Rm 10:15 11:15 Home Free Stitchers MP Rm 10 am-4 pm Learn to Sew 10-1:30 p.m. Lunch & Learn 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Floor Curling R.R. 6:30-8:00	15 Keewatin Yoga 9:30 – 10:30 Walking Group 11:00 a.m. Quilters Rotary Room 11:30 – 3:30 p.m. Keewatin Silver Threads St.Andrews 11:30-3:30 p.m. Euchre Lounge 1:30 p.m	16 I Pad Coffe Grp Lounge 10 Chair Yoga CANCELLED Mahjong Lounge 10-12 Keewatin Lunch St. Andrews 12 - 2 Floor Curling CANCELLED	17 Bell Ringers Lounge 10 a.m. Ladies Coffee Grp Lounge 10 Fun'n' Fit-R Rm 10:15– 11:15 Lunch 11:45 – 12 noon Around the Block Quilters MP 11:30-4/Learn to Sew 10-1:30 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	18 CLOSED FOR GOOD FRIDAY	19
20	21 Fun'n'Fit R. Rm 10:15 11:15 Home Free Stich MP Rm 10-4 pm Lunch 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Floor Curling R.R. 6:30-8:00	22 Keewatin Yoga - St.Andrew's Church 9:30-10:30 Walking Group 11:00 a.m. Quilters Rotary Room 11:30 – 3:30 p.m. Keewatin Silver Threads St.Andrews 11:30-3:30 p.m. Euchre Lounge 1:30 p.m.	23 Chair Yoga Kenora R. Room 9:30-10:30 IPad Coffee Grp Lounge 10 Mahjoong Lounge 10– 12 Keewatin Lunch St. Andrews 12-2 Floor Curling Rotary Room 1:10 – 3 p.m. NH Meeting MP Rm 1:30	24 Bell Ringers Lounge 10 a.m. Ladies Coffee Grp Lounge 10 Fun'n' Fit-R.Rm. 10:15-11:15 Lunch 11:45 – 12 noon Ard Block Quilter MP 10 - 4 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	25 Cardio Drumming Rotary Rm 10-11 Bell Ringers - LOUNGE Stitch'n'Time R. Rm. 11:30-3:30 p.m. Billiards (pool) Lounge 1 p.m. Crib Lounge 1 – 3 p.m. QA5 MP RM CANCELLED Water Fit 2:45-3:30 p.m.	26
27 EUCHRE TOURNAMENT See back for details	28 Fun'n'Fit R. Rm 10:15 11:15 Home Free Stitch CANCELLED Learn to Sew 10 – 1:30 Lunch 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 p.m. Art for Fun Lounge 1:00 p.m. Floor Curling R.R. 6:30-8:00	29 Keewatin Yoga 9:30-10:30 Walking Group 11:00 a.m. Quilters Rotary Rm 11:30-3:30 Keewatin Silver Threads St.Andrews 11:30-3:30 p.m. Euchre Lounge 1:30 p.m	30 Chair Yoga RR 9:30- 10:30 IPad Coffee Grp Lounge 10 Mahjong Lounge 10-12 Keewatin Lunch 12 - 2 Floor Curling RR 1:10-3			

**HAPPY BIRTHDAY TO THE FOLLOWING
WHO HAVE A BIRTHDAY IN APRIL**

- | | |
|-------------------|------------------|
| Anne Anderson | Diane Boucher |
| Ruth Bowiec | Val D. Brown |
| Lil Creispeigne | Helen Franko |
| Diane Griffiths | Maryanne Hastman |
| Adeline Johnson | Grace Jorgensen |
| Jane Kovall | Barbara Lundy |
| Judy McKinnon | Betsey McNear |
| Janet Maw | Patrick Medicine |
| Merv Metail | Wendy Metail |
| Dino Moschetta | Helen Richards |
| Robert Robillard | Betty Symonds |
| Kathy Thorgrimson | Leslie Watson |
| Phil Wilson | |

Please remember to advise me (Diana) if your name does not appear on the birthday list (and you want it to)

Lunch and Learn .. Monday April 7th ..

At our Monday lunch on April 7th – we will be joined by members of the Alzheimer Society who will be doing a presentation at 12:30 on what the society is all about.

Just a heads up – Dues for April 1, 2025-March 31, 2026 remain at \$20 and were due April 1st.

If you have not yet paid – please do so ASAP

Thanks



New Horizons Members

Learn to Sew classes in April –

FROM 10 a.m. to 1:30 p.m.

Monday April 7, Thursday April 10, Monday April 14, Thursday April 17 and Monday April 28

Machines provided

NUMBERS LIMITED

Please bring one meter of material to make an apron.

For more info call 807-407-9116 or to Enrol in this fun class call 807-468-5947 or 807-468-8221



We extend our deepest sympathy to the family of long time member

RON POIRIER

Who passed away March 14th

We will miss him at our Monday lunches that he and Mary Ann attended on a regular basis

Rest in Peace

We are sorry to announce that long time member

ANNE KOSTANTIN

Passed away on March 31st

Anne was a regular lunch member until ill health prevented her from attending.

She was a beautiful lady inside and out!

Our deepest sympathy to her family.



SPRING - a lovely reminder of how beautiful change can be

Fun and Fitness cancelled April 7

Floor Curling Cancelled April 16

Chair Yoga cancelled April 16

Bell Ringers moved to Lounge

April 4 and April 25

QA5 Cancelled April 4 and April 25

Home Free Stitchers cancelled on April 28

Around the Block Quilters - Cancelled April 3

Cardio Drumming-cancelled April 4

Keewatin Lunch Menu April

April 2 – Reuben Sandwich Coleslaw Dessert

April 9 – Hawaiian Meatballs, Rice, Veggies, Bun and dessert

April 16 – Taco Salad in taco bowl – (not spicy) and dessert

April 23 – Butter Chicken, Rice, Coleslaw, bun and dessert

April 30 – Egg salad on croissant & soup and dessert

Kenora Lunch Menu April

Thursday April 3 – Vegetable Soup, Egg salad Sandwich and dessert

Monday April 7 – Mini meatloaf, mashed potatoes, carrots, gravy and dessert

Thursday April 10 – Mini Meatloaf, mashed potatoes, peas & carrots, gravy and dessert

Monday April 14 – Pepperoni Pizza Casserole, Ceaser Salad and dessert

Thursday April 17 – Chicken Salad sandwich, chicken noodle soup and dessert

Monday April 21 – Cabbage rolls, ham, dinner roll and dessert

Thursday April 24 – Cabbage rolls, ham, dinner roll and dessert

Monday April 28 – Quiche, Tossed salad and dessert

ATTENTION ALL MEMBERS

IPad COFFEE GROUP will be starting Wednesday April 9th in the Lounge

Join our iPad coffee group and learn more about I-Pads. 10 a.m

Wednesday April 9 – Connecting Socially – have coffee with a friend on a snowy day – downloading and sharing photos, instagram, email

Wednesday April 16 – Booking Dr. Appointments, Lab results and banking site
Wednesday April 23 - Cooking & Fitness resources

Wednesday April 30- Review – Questions and Answers

I pads are provided but you can bring your own if you wish

HOPE TO SEE YOU THERE

EUCHRE TOURNAMENT AT NEW

HORIZONS LOUNGE

SUNDAY APRIL 27th

Registration 12 noon

Games start 12:30

\$11 per person

Light lunch \$5
