


New Horizons Activity  
Calendar September 2025

District of Kenora New Horizons Seniors Centre – 18 Mike Richards Way  
Phone 468-5947/468-8221  
Keewatin Centre Phone 547-3902  
WEBSITE: <http://www.kenoraseniors.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	 <b>CLOSED</b>	2 Walking Group 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.	3 Mahjoong-Lounge 9:30 IPad Coffee Grp Lounge 10-11	4 RAM COFFEE GROUP 10 a.m. Around the Block Quilters – MP Room 10 – 4 p.m. Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	5 <b>Bell Ringers MP Rm 10– 11:15</b> Cardio Drumming RR 10-11 Stitch’n’Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 MP Room 1 – 4 p.m. Pool (Billiards) Lounge 1:00	6
7 <b>EUCHRE TOURNAMENT Lounge</b> See back for more details	8 Home Free Stitchers- MP Room 10 a.m-4 p.m. F & F Rotary Rm 10:15 – 11:15 Lunch 11:45–1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m.	9 Keewatin Yoga St. Andrews 9:30 – 10:30 Walking Group 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.	10 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 <b>Bells Ensemble Rotary Room 10:45-12 Noon</b> IPad Coffee Grp Lounge 10-11 Floor Curling R Rm 1:00	11 RAM Coffee Grp Lounge 10 am Around the Block Quilters – MP Room 10-4 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	12 <b>Bell Ringers MP Rm 10-11:15</b> Cardio Drumming RR 10-11 Stitch’n’Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 1 – 4 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45-3:30 p.m.	13
14	15 Home Free Stitchers MP Rm 10 am-4 pm F & F Rotary Rm 10:15 – 11:15 Lunch 11:45-1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. CNIB in attendance in the lounge from 9:30 until noon	16 Keewatin Yoga St. Andrews 9:30 – 10:30 Walking Group 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m	17 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 <b>Bells Ensemble RR 10:45-12</b> I Pad Coffee Grp Lounge 10 Floor Curling R Rm 1:00 New Horizons Board Meeting 1:30 MP Room	18 RAM Coffee Grp Lounge 10 am Around the Block Quilters MP Room 10 – 4 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	19 <b>Bell Ringers MP Rm 10-11:15</b> Cardio Drumming RR 10-11 Stitch’n’Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 1 – 4 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45-3:30 p.m	20 <b>ALAN JACKSON EXPERIENCE BUS TRIP</b> Bus Leaves the Rec Centre at 10 a.m. Shopping at St. Vital Mall where You are responsible for your meal Re-Boarding the bus at 6 p.m. Show starts at 7:30 p.m. Burton Cummings Theatre
21	22 F & F Rotary Rm 10:15 – 11:15 Lunch 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m	23 Keewatin Yoga St. Andrews 9:30 – 10:30 Walking Group 11 a.m. Quilters Rotary Room 11:30 – 3:30 p.m. Euchre Lounge 1:30 p.m.	24 Chair Yoga Kenora R. Room 9:30-10:30 MahJoong-Lounge 9:30 <b>Home Free Stitchers MP Room 10 – 4 p.m.</b>  <b>Bells Ensemble RR 10:45-12</b> IPad Coffee Grp Lounge 10 Floor Curling R Rm 1:00	25 RAM Coffee Grp Lounge 10 am Around the Block Quilters MP Room 10 - 4 p.m. F & F Rotary Rm 10:15 – 11:15 Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	26 <b>Bell Ringers MP Rm 10-11:15</b> Cardio Drumming RR 10-11 Stitch’n’Time RRm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 MP Rm. 1 – 4 p.m. Water Fit 2:45-3:30 p.m. Pool (Billiards) Lounge 1:00	27
28	29 Home Free Stitch MP Rm. 10-4 F & F Rotary Rm 10:15 – 11:15 Lunch 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 p.m. Art for Fun Lounge 1:00 p.m.	30 <b>CLOSED Truth and Reconcillation Day</b>				

HAPPY BIRTHDAY TO THE FOLLOWING  
WHO HAVE A BIRTHDAY IN September

Donnie Ainsworth	Jan Anderson
Les Armstrong	John Benson
Maria Berezowski	Kathy Downey
Morris Dunahee	Irene Graham
Wanda Halley	Sherrel McColm
Fatima Martin	Damon Merredew
Barb Miller	Irene Milligan
Val Mongrain	Linda Nault
Susan Norton	Sandi Puls
Faye Robillard	Cathy Rowlandson
Julie Roy	Vickie Soderman
Rai Therrien	Linda Wilson

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**Lunch Menu for Kenora September 2025**

**Mondays**

September 8 – Soup and sandwich and dessert  
September 15 – Spaghetti and meatballs and dessert  
September 22 – Soup and ham and cheese on a croissant and dessert  
September 29 – Shish kabob on rice and dessert

**Thursdays**

September 4 - Chicken fingers and fries and dessert  
September 11 – Pepperoni pizza casserole/dinner bun and dessert  
September 18 – Soup and sandwich and dessert  
September 25 – Quiche, salad and dessert

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**We have 87 members from  
2024-2025 who have not paid  
their 2025-2026 membership  
dues. These dues were due  
April 1<sup>st</sup> .**

**If you wish to remain a  
member or wish to support  
New Horizons please attempt  
to pay your \$20 membership  
fee ASAP.**

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**Our Thursday Lunches will  
resume on September 4th**

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**EUCHRE TOURNAMENT  
New Horizons Lounge**

**Sunday September 7, 2025  
1:00 p.m.  
\$11 per person  
Registration at 12:30 p.m.  
Potluck Lunch \$5.00**

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**Change of email addresses  
For New Horizons**

**Pat –  
Patricia.stephens @newhorizonscentre.ca**

**Wendy –  
wendy.sutherland@newhorizonscentre.ca**

**Diana –  
Diana.jardine@newhorizonscentre.ca**

**For e-transfer or to send an email for the  
office in general -  
office@newhorizonscentre.ca**

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**Monday September 15<sup>th</sup>**

**We welcome the CNIB to the lounge  
from 9:30 a.m. until noon. If you or  
someone you know is experiencing vision  
loss, stop by to meet the team – come  
chat with us - learn about program  
updates and resources and how the  
CNIB can help.  
CNIB Smart life product demos. On site  
purchases – (debit or credit only).**