Sunday	New Horizons Activity Calendar December 2025		District of Kenora New Horizons Seniors Centre – 18 Mike Richards Way Phone 468-5947/468-8221 Keewatin Centre Phone 547-3902 WEBSITE: http://www.kenoraseniors.ca			
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 F & F Rotary Rm 10:15 – 11:15 Lunch 11:45–1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m	2 Keewatin Yoga St. Andrews 9:30 - 10:30 Silver Threads Keewatin St Andrews 11:30-3:30 Walking Group 11 a.m. Quilters MP ROOM 11:30-3:30 Euchre Lounge 1:30 p.m.	3 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45-12 Noon Keewatin Lunch 12 – 2 p.m. Floor Curling R Rm 1:00	4 RAM Coffee Grp Lounge 10 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	12 Cardio Drumming RR 10-11 Stitch'n'Time Rotary Rm 11:30-3 p.m. Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30-3 p.m. Pool (Billiards) Lounge 1:00	6
	8 F & F Rotary Rm 10-11 Lunch Celestial Harps in Attendance 11:45-1 p.m.p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Floor Curling - Rotary Room 6:30 - 8:00 p.m.	Keewatin Yoga St. Andrews 9:30 - 10:30 Silver Threads Keewatin St Andrews 11:30-3:30 Walking Group 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.	10 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers CANCEL Bells Ensemble Rotary Room 10:45-12 Noon Keewatin Lunch 12 – 2 p.m. Floor Curling R Rm CANCEL	11 RAM Coffee Grp Lounge 10 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m.	Cardio Drumming RR 10-11 Stitch'n'Time Rotary Room 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30– 3 p.m. Pool (Billiards) Lounge 1:00	13
4	15 F & F Rotary Rm 10:15-11:15 Lunch Evergreen Choir in attendance 11:45-1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m. Floor Curling - Rotary Room 6:30 - 8:00 p.m.	16 Keewatin Yoga St. Andrews 9:30 - 10:30 Walking Group 11 a.m. Silver Threads Keewatin St Andrews 11:30-3:30 Quilters Rotary Room 11:30 - 3:30 p.m. Euchre Lounge 1:30 p	17 Chair Yoga RR 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 - 3 p.m. Keewatin Lunch St.Andrews 12 noon - 2 Floor Curling R.Room 1:00	18 RAM Coffee Grp Lounge 10 am Around the Block Quilters MP Room 10 - 3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge St Andrews 12:30 Mahjong Park Place 1:00 BID Euchre Lounge 1:00 Art for Fun Lounge 1:00 p.m	19 Cardio Drumming RR 10-11 Stitch'n'Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30 – 3 p.m. Pool (Billiards) Lounge 1:00	20
1	Lunch Guest speaker Natasha Boulton informing us about Palliative Care 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Kee. Park Pl 1:30-3:30 pm Art for Fun Lounge 1:00 p.m	Walking Group 11 a.m. Euchre Lounge 1:30 p.m.	24	Menu Menu Menu Menu Menu Menu Menu Menu	BOXING DAY	27
3	29 Lunch 11:45 – 1 p.m. Crib Kee. Park Pl 1:30-3:30 p.m.	30	NEW YEAR'S EVE			

To those who have a birthday in December



Traut Barber Helen Bateman Paula Eyler Marian Hutchings Judy Imbeault Marion Jordon Marie Loewen Susan McIntosh Lorna McTaggart Cheryl May Allan Morris Terrea Nordlund Wendy Paddock David Scrimger Cathy Sweeney Pat Warnick Sherri Zabloski

Jan Brose
Darlene Herbacz
Marlene Hutlett
Carolyn Johnson
Lynn Korella
Nancy MacDonell
Terry McNeer
Marlene Madison
Rob Milne
Leona Murphy
Peggy O'Flaherty
Richard Roy
Anne Sweeney
Barb Uhrynuk
Gail Williams

-Bell Ringers Friday Group will return on the

- -Fun and Fitness will end on December 18th and resume January 5th
- -The last Evening Floor curling is December $15^{\rm th}$ to resume January $5^{\rm th}$
- -Tuesday Quilt Group will end on December 16th and resume the 6th of January
- -Day Curling will end on the 17^{th} and resume on January 7^{th}
- -Pool will end on the 19th and resume on January 9th
- -RAM Coffee Group will end on the 18th and return on January 8th
- -The Walking Group will end on the 23^{rd} and resume on the 6^{th} of January
- -Kenora Yoga will end on the 17th of December and return on January 7th
- -Keewatin Yoga will end on December 16 and return on January 6th
- -Keewatin Mah Joong ends on December 18th and returns January 8th
- -Kenora Mah Joong ends on the 17th and resumes on January 7th
- -Drumming ends on December 19th and returns on January 9th
- -Euchre ends on the 23rd and returns on January 6th -Bid Euchre ends on the 18th and returns January
- -Bid Euchre ends on the 18th and returns January 8th
- -Around the Block Quilters will end on the 18^{th} and return January 8^{th}
- -Stitch'n'Time will end on the 19^{th} and return on January 2^{nd}
- -QA5 ends on the 19th and returns January 9th Home Free Stitchers end on the 17th and return on January 7th
- -Art will end on December 22nd and resume the 5th of January
- -Kenora Bridge will end on the 22nd of December and resume January 5th
- -Keewatin Bridge will end the 18th of December and resume January 8th

"What if Christmas, he thought, doesn't come from a store – what if Christmas perhaps, means a little bit more" .. the Grinch

LUNCH MENU FOR KEEWATIN FOR DECEMBER 2025

December 3 – Lasagne, Salad, Garlic bread and dessert

December 10 – Taco Salad and dessert December 17 – Hawaiian Meatballs, rice, coleslaw

December 17 – Hawaiian Meatballs, rice, coleslaw and dessert

LUNCH MENU FOR KENORA FOR DECEMBER 2025

MONDAYS:

December 1 – Chili, Garlic Toast and dessert December 8 – Lazy Cabbage Rolls, Bun and dessert

December 15 – Toupee Ham, Scalloped Potatoes, carrots and dessert

December 22 – Cranberry Meatballs, rice and dessert

December 29 – Soup, Tuna sandwich and dessert

THURSDAYS:

December 4 – Chili, Garlic Toast and dessert December 11 – Tomato soup, Grilled cheese sandwich and dessert

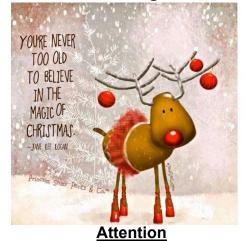
December 18th – Scotch Eggs, sausages and dessert

On December 18th Bid Euchre will begin at 1 p.m.

December 8th – Fun and Fitness will begin at 10 a.m.

New Horizons Members
Starting January 7th – Wednesdays - we
will be holding a dart afternoon at the
Kenora Legion 2 – 4 p.m.
This is sponsored by New Horizons - No

need to register



Sewing Machines and IPads are available to use daily while at the Centre. Sign out sheets are located in the office.

There are still a few spots left for the Mini Moccasin making workshop. \$10 per member. December 4th is full. Dec 5th – 12th and 13 have some spots left. 10 a.m.--4 p.m. If interested, please call the office at 807-468-8221 or 807-468-5947