

New Horizons Activity Calendar FEBRUARY 2026

District of Kenora New Horizons Seniors Centre – 18 Mike Richards Way
Phone 468-5947/468-8221
Keewatin Centre Phone 547-3902
WEBSITE: <http://www.kenoraseniors.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	<p>2 F & F Rotary Rm 10:15-11:15 Lunch 11:45 – 1:00 Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m.</p>	<p>3 Yoga at the Keewatin Centre 9:30-10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.</p>	<p>4 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45 – 12 Noon Keewatin Lunch 12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2-4</p>	<p>5 RAM Coffee Grp Lounge 9 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m.</p>	<p>6 Cardio Drumming RR 10-11 Bell Ringers MP Room – 10 – 11:15 Stitch'n'Time Rotary Room 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30- 3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45 – 3:30</p>	7
8	<p>9 F & F Rotary Rm 10:00-11:00 Lunch 11:45 – 1:00 Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m.</p>	<p>10 Yoga at the Keewatin Centre 9:30-10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.</p>	<p>11 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45 – 12 Noon Keewatin Lunch 12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2-4</p>	<p>12 RAM Coffee Grp Lounge 9 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m.</p>	<p>13 Cardio Drumming RR 10-11 Bell Ringers MP Room – 10 – 11:15 Stitch'n'Time Rotary Room 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30- 3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45 – 3:30</p>	14 
15	<p>16 F & F Rotary Rm 10:15-11:15 Lunch 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. No evening Floor Curling</p> <p style="text-align: center;">Centre closes at 3 p.m.</p>	<p>17 Yoga at the Keewatin Centre 9:30-10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Room 11:30 – 3:30 Euchre Lounge 1:30 p.m.</p>	<p>18 Chair Yoga RR 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45 – 12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2 - 4</p>	<p>19 RAM Coffee Grp Lounge 9 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m.</p>	<p>20 Cardio Drumming RR 10-11 Bell Ringers MP Room 10 – 11:15 Stitch'n'Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30- 3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45 – 3:30</p>	21
22	<p>23 F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 p.m. Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m.</p>	<p>24 Yoga at the Keewatin Centre 9:30 – 10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Room 11:30 – 3:30 p.m. Euchre Lounge 1:30 p.m.</p>	<p>25 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45-12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2-4</p>	<p>26 RAM Coffee Grp Lounge 9 am Around the Block Quilters – Rotary Room at 11:30 - 4 pm F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge- Keewatin Centre 12:30 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m.</p>	<p>27 Cardio Drumming RR 10 -11 Bell Ringers LOUNGE 10 – 11:15 Stitch'n'Time Rotary Rm 11:30-3:30 p.m. Crib Lounge 1 – 3 p.m. QA5 - Cancelled 12:30- 3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 3:00 – 3:45 New Horizons Board Meeting at the Keewatin Centre 12 Noon</p>	28



To those who have a birthday in February

Pamela Osborne-Brett	Diane Cornish
Jan Creed	Carol Duchene
Debbie Farrer	Joyce Francis
Terri Francis	Kathy Gilbert
Debbie Goold	Gloria Greenwood
Oscar Gustafson	Val Hendrickson
Joyce Hertz	Trevor Holm
Merle Jamieson	Lorraine Letain
Bev McDougald	Aime Metal
Walter Morris	Cyndy Ortlieb
Tom Powell	Gerald Rogers
Jane Sieradzki	Mary Jane White
Marj Zimmer	Cathy Zroback

**LUNCHES ARE
BACK
AT KEEWATIN
NEW HORIZONS**



February 4th – Sloppy Joe Casserole, Salad and dessert
February 11th – Roast beef, Yorkshire pudding, veggies, potatoes and dessert
February 18th – Meatloaf, baked potatoes, veggies and a bun
February 25th – Cabbage Soup and bread
(Menu Subject to Change)

Make sure you call to make a reservation – numbers are limited
Call 807-468-5947 or 807-468-8221

**LUNCH MENU FOR KENORA FOR
FEBRUARY 2026**

MONDAYS:

February 2 – Pulled Pork on Garlic Toast and dessert
February 9 – Loaded Macaroni with a dinner roll and dessert
February 16 – Meatloaf, mashed potatoes, veggies and dessert
February 23 – Hotdogs, Tater Tots and dessert

THURSDAYS:

February 5 – Egg Salad Sandwich, Hamburger Soup and dessert
February 12 – Hamburgers, Fries and dessert
February 19 – Spaghetti and Meatballs, Garlic Toast and dessert
February 26 – Cabbage Rolls, Green Beans, Garlic Sausage and dessert
Call 807-468-5947 or 807-468-8221

**New Horizons Board Meeting for
February at Keewatin New Horizons –
12 noon on the 27th. Bring a bag lunch.**



We are very saddened to learn of the passing of Ollie Lukianchuk. Ollie joined New Horizons in 1998 and has remained active in our organization

ever since – volunteering at teas – pierogi making – attending Fun'n'Fitness, lunches - which she thoroughly enjoyed up until her health did not allow.
No matter what – she always had a beautiful smile, an infectious laugh, and made others around her happy. She was entertaining. She loved to talk – which she admitted.
Ollie was fiercely independent .. drove until she was 96 – walked every day – she inspected the work when it began at her end of Park Street – when she was too tired to walk back home – the workers gave her a ride. That was our Ollie. Ollie lived for over 70 years in her home on Park Street – and insisted when her failing health prompted her to leave her home .. she would only do so if she could remain on Park Street – which she did.

Rest in peace our friend – you are missed!

NOTICE

You will notice that we have a new activity starting Tuesday February 3rd in the Rotary Room – 10 – 11 a.m.

LINE DANCING

Come on down to join us for this fun activity – you can sit or stand .. just move. No need to call ahead.

ATTENTION

Please check with the office regarding the use of Sewing Machines and IPads that are available to use daily while at the Centre. Instructions for IPad use are with the IPad.

We have a WII game at the centre .. located on the shelf under the T.V. Please feel free to use it.

February 16th we are open only until 3 p.m. due to Family Day

