


# New Horizons Activity Calendar FEBRUARY 2026

District of Kenora New Horizons Seniors Centre – 18 Mike Richards Way  
 Phone 468-5947/468-8221  
 Keewatin Centre Phone 547-3902  
 WEBSITE: <http://www.kenoraseniors.ca>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 F & F Rotary Rm 10:15–11:15 Lunch 11:45 – 1:00 Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m.	3 Yoga at the Keewatin Centre 9:30-10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.	4 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45 – 12 Noon Keewatin Lunch 12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2-4	5 RAM Coffee Grp Lounge 9 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	6 Cardio Drumming RR 10-11 Bell Ringers MP Room – 10 – 11:15 Stitch’n’Time Rotary Room 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30– 3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45 – 3:30	7
8	9 F & F Rotary Rm 10:00–11:00 Lunch 11:45 – 1:00 Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m.	10 Yoga at the Keewatin Centre 9:30-10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m.  Quilters Rotary Rm 11:30-3:30 Euchre Lounge 1:30 p.m.	11 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45 – 12 Noon Keewatin Lunch 12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2-4	12 RAM Coffee Grp Lounge 9 am Around the Block Quilters – MP Room 10-3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m.	13 Cardio Drumming RR 10-11 Bell Ringers MP Room – 10 – 11:15 Stitch’n’Time Rotary Room 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 - MP Rm 12:30– 3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45 – 3:30	14 
15	16 F & F Rotary Rm 10:15-11:15 Lunch 11:45 – 1 p.m. Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30 Art for Fun Lounge 1:00 p.m. No evening Floor Curling  Centre closes at 3 p.m.	17 Yoga at the Keewatin Centre 9:30-10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Room 11:30 – 3:30 Euchre Lounge 1:30 p.m	18 Chair Yoga RR 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45 – 12 Noon Floor Curling R.Room 1:00 Darts at the Legion 2 - 4	19 RAM Coffee Grp Lounge 9 am Around the Block Quilters MP Room 10 – 3 p.m. F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	20 Cardio Drumming RR 10-11 Bell Ringers MP Room 10 – 11:15 Stitch’n’Time Rotary Rm 11:30-3:30 Crib Lounge 1 – 3 p.m. QA5 – MP Rm 12:30-3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 2:45 – 3:30	21
22	23 F & F Rotary Rm 10:15-11:15 Lunch 11:45–1 p.m. Bridge Lounge 1 p.m. Crib Keewatin Centre 1:30-3:30. Art for Fun Lounge 1:00 p.m. Floor Curling – Rotary Room 6:30 – 8:00 p.m.	24 Yoga at the Keewatin Centre 9:30 – 10:30 Line Dancing Rotary Room 10 – 11 a.m. Silver Threads Keewatin 10 – 4 p.m. Walking Group Lounge 11 a.m. Quilters Rotary Room 11:30 – 3:30 p.m. Euchre Lounge 1:30 p.m.	25 Chair Yoga Kenora R. Room 9:30-10:30 Mahjoong-Lounge 9:30 Home Free Stitchers MP Room 10 – 3 p.m. Bells Ensemble Rotary Room 10:45-12 Noon Floor Curling R Rm 1:00 Darts at the Legion 2-4	26 RAM Coffee Grp Lounge 9 am Around the Block Quilters Rotary Room at 11:30 -4 pm F & F Rotary Rm 10:15-11:15 Lunch 11:45-1 Bridge- Keewatin Centre 12:30 Mahjong Keewatin Centre 1:00 BID Euchre Lounge 1:30 Art for Fun Lounge 1:00 p.m	27 Cardio Drumming RR 10 -11 Bell Ringers LOUNGE 10 – 11:15 Stitch’n’Time Rotary Rm 11:30-3:30 p.m. Crib Lounge 1 – 3 p.m. QA5 - Cancelled 12:30-3 p.m. Pool (Billiards) Lounge 1:00 Water Fit 3:00 – 3:45 New Horizons Board Meeting at the Keewatin Centre 12 Noon	28



To those who  
have a birthday  
in February

- Pamela Osborne-Brett

Jan Creed

Debbie Farrer

Terri Francis

Debbie Goold

Oscar Gustafson

Joyce Hertz

Merle Jamieson

Bev McDougald

Walter Morris

Tom Powell

Jane Sieradzki

Marj Zimmer
- Diane Cornish

Carol Duchene

Joyce Francis

Kathy Gilbert

Gloria Greenwood

Val Hendrickson

Trevor Holm

Lorraine Letain

Aime Metail

Cyndy Ortlieb

Gerald Rogers

Mary Jane White

Cathy Zroback

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LUNCHES ARE  
BACK  
AT KEEWATIN  
NEW HORIZONS

ANNOUNCEMENT

- February 4<sup>th</sup> – Sloppy Joe Casserole, Salad and dessert
- February 11<sup>th</sup> – Roast beef, Yorkshire pudding, veggies, potatoes and dessert
- February 18<sup>th</sup> – Meatloaf, baked potatoes, veggies and a bun
- February 25<sup>th</sup> – Cabbage Soup and bread  
(Menu Subject to Change)

Make sure you call to make a reservation – numbers are limited  
Call 807-468-5947 or 807-468-8221

LUNCH MENU FOR KENORA FOR  
FEBRUARY 2026

**MONDAYS:**

- February 2 – Pulled Pork on Garlic Toast and dessert
- February 9 – Loaded Macaroni with a dinner roll and dessert
- February 16 – Meatloaf, mashed potatoes, veggies and dessert
- February 23 – Hotdogs, Tater Tots and dessert

**THURSDAYS:**

- February 5 – Egg Salad Sandwich, Hamburger Soup and dessert
- February 12 – Hamburgers, Fries and dessert
- February 19 – Spaghetti and Meatballs, Garlic Toast and dessert
- February 26 – Cabbage Rolls, Green Beans, Garlic Sausage and dessert
- Call 807-468-5947 or 807-468-8221

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**New Horizons Board Meeting for  
February at Keewatin New Horizons –  
12 noon on the 27<sup>th</sup> . Bring a bag lunch.**



We are very saddened  
to learn of the passing  
of Ollie Lukianchuk.  
Ollie joined New  
Horizons in 1998 and  
has remained active  
in our organization

ever since – volunteering at teas –  
pierogi making – attending  
Fun’n’Fitness, lunches - which she  
thoroughly enjoyed up until her health  
did not allow.  
No matter what – she always had a  
beautiful smile, an infectious laugh, and  
made others around her happy. She was  
entertaining. She loved to talk – which  
she admitted.  
Ollie was fiercely independent .. drove  
until she was 96 – walked every day –  
she inspected the work when it began at  
her end of Park Street – when she was  
too tired to walk back home – the  
workers gave her a ride. That was our  
Ollie. Ollie lived for over 70 years in her  
home on Park Street – and insisted when  
her failing health prompted her to leave  
her home .. she would only do so if she  
could remain on Park Street – which she  
did.

**Rest in peace our friend –  
you are missed!**

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**NOTICE**

**You will notice that we have a new activity  
starting Tuesday February 3<sup>rd</sup> in the Rotary  
Room – 10 – 11 a.m.  
LINE DANCING  
Come on down to join us for this fun  
activity – you can sit or stand .. just move.  
No need to call ahead.**

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**ATTENTION**

**Please check with the office  
regarding the use of Sewing  
Machines and iPads that are  
available to use daily while at the  
Centre. Instructions for iPad use are  
with the iPad.**

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**We have a Wii game at the centre ..  
located on the shelf under the T.V.  
Please feel free to use it.**

**February 16<sup>th</sup> we are open only until  
3 p.m. due to Family Day**

